SPEAKING ACTIVITY





What's your favourite comfort food to eat during the fall season?

warm drink to enjoy as the weather gets cooler?

What's your favourite

How do you like to unwind and relax during the fall season?

Do you have a favourite autumnthemed movie or book?

Do you have any go-to autumn recipes?

How do you like to decorate your home during autumn?

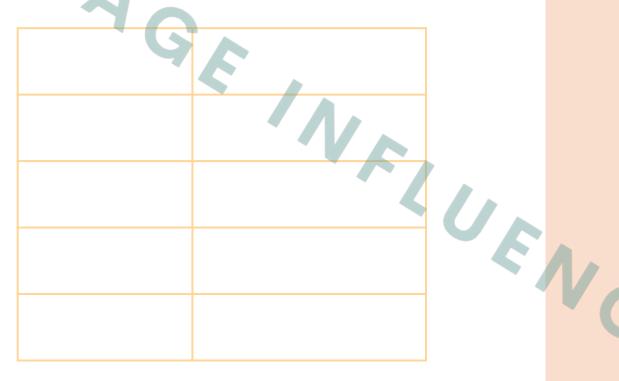




LET'S ROMANTICISE AUTUMN



Ex. 1. Make a list of words that you associate autumn with and create definitions for them.



Ex. 2. Look at the words below and match them with their synonyms.

- frosty
- bonfire
- breeze
- crisp
- serene
- vibrant

- colourful and lively
- crunchy
- calm
- campfire
- cold
 gentle wind



LET'S ROMANTICISE AUTUMN



And, crucially, romanticising your life isn't about forgetting all
these things. It's not about denial, or selfish It's a way of
noticing the world'scruelty and choosing, still, to find
beauty in your personal corner of it. For me, it's the key to
happiness. You're going to have to do it all anyway: work five
days a week, go to the gym, clean out the litter tray and wipe
mould from the bathroom walls and buy bin bags that break and
pay your taxes and brush your teeth – so you may as well find a
way of making these things as enjoyable, as lovely, as possible.

Ex. 6. Decide if the sentences are true or false.

- The popularity of "romanticising your life" increased during the pandemic due to people seeking distractions from the global crises.
- 2. Finding beauty in everyday tasks, like brushing your teeth or paying taxes, is central to romanticising your life, according to the author.
- 3. The growing cost of living, combined with rising heating bills, has made it nearly impossible for people to romanticise their lives.
- 4. The author implies that romanticising your life can be an important tool for mental well-being during difficult times.

Source: cosmopolitan.com